

AGENDA
NASA Health & Wellness Committee
July 18, 2001
ViTS 4:00 to 5:00 PM EST

- I. Welcome, Attendance and Review of Agenda Helen Shoemaker
- II. JSC Study on Exercise & Weight Control Larry Wier, Ed.D.
- III. Updates from Centers Center Representatives
 - a. Nutrition Promotion
 - b. 101 Critical Days of Summer
- IV. Suggestions for Upcoming Promotions Group Discussion
 - a. 3rd Quarter
 - a. Influenza and Cold Season
 - b. National Breast Cancer Awareness
 - b. 4th Quarter
 - a. Stress
 - c. 1st Quarter 2002
 - a. American Heart Month
- V. Action Items
 - a. 101 Critical Days of Summer
 - a. Seat Belt Metrics
 - b. Summary of Activities